# **COLOR LEGEND**

| Meal Pattern                                | Mr. Darrien Monday  | Toon Tuesday  | Color War Wednesday  | Travel Thursday  | Fairy-Tale Friday   |
|---|---|---|--|--|---|
| Breakfast:                                  |   | SESEME STREET DAY   | "ROYGBIV" DAY  |  | RAPUNZEL'S  |
| - Assorted Cold Cereals (O's Contains Oats) | Cinnamon Roll (Baked Dairy)  Turkey Sausage (Contains Meat)  Cow's Milk / Oat Milk                          | Veggie Cream Cheese<br>(Straight Dairy)<br>Cow's Milk / Oat Milk  | Fresh Fruit Salad (Contains Citrus & Kiwi)  Granola (Contains Oats)  Cow's Milk / Oat Milk     | Belgian Waffle<br>(Baked Dairy and Egg)<br>Cow's Milk / <mark>Oat Milk</mark>  | Blueberry Muffin (Baked Dairy and Egg)  100% Kiwi Strawberry Juice (Contains Juice & Kiwi)  Cow's Milk / Oat Milk |
| Lunch:                                      | MAKE-YOUR-OWN<br>PIZZA BAGELS   | ELMO'S WORLD  |  | ITALIAN TOUR   | PUSS IN BOOTS'  |
|   | Mozzarella Cheese<br>(Straight Dairy)  Fresh Fruit Salad<br>(Contains Citrus & Kiwi)  Cow's Milk / Oat Milk | Potato Tot Casserole with Elmo's Goldfish Topping (Straight Dairy)  Beef Alphabet Soup with Vegetables (Contains Meat, Beef, Peas and Baked Egg)  Cow's Milk / Oat Milk | Ham Sandwich (Contains Pork and Meat)  American Cheese (Straight Dairy)  Cow's Milk / Oat Milk | Cheese Ravioli (Straight Dairy / Baked Egg)  Fresh Italian Salad Mozzarella Pearls (Straight Dairy)  Cow's Milk / Oat Milk | Cheese Quesadilla<br>(Straight Dairy)  Sour Cream<br>(Straight Dairy)  Cow's Milk / Oat Milk                      |
| Afternoon Snack:                            | DEMONSTRATION   | COOKIE MONSTER'S  |  |  |   |
|   | Parfait Buffet Greek Vanilla Yogurt (Straight Dairy)  Granola (Contains Oats)                               | Chocolate Chip Muffintop<br>(Baked Dairy and Egg)<br>Cow's Milk / Oat Milk  | Multi-Colored Trail Mix<br>Goldfish Crackers<br>(Baked Dairy)                                  | Mozzarella Cheese<br>(Straight Dairy)  |   |

# **COLOR LEGEND**

| Meal Pattern   | Mr. Darrien Monday  | Toon Tuesday   | Color War Wednesday   | Travel Thursday  | Fairy-Tale Friday  |
|--|---|--|---|--|--|
| Breakfast: - Assorted Cold Cereals (O's Contains Oats) | Plain Pancake   | BLUEY DAY  | YELLOW VS RED   | Rio Fruit Salad<br>(Contains Citrus)   | BEAUTY & THE BEAST   |
|  | (Baked Dairy and Egg)  Cow's Milk / Oat Milk  | Buttermilk Biscuit<br>(Baked Dairy)<br>Cow's Milk / Oat Milk   | Strawberry Banana<br>Smoothie (Straight /<br>Cow's Milk)<br>Cow's Milk / Oat Milk                           | Granola (Contains Oats)  Cow's Milk / Oat Milk   | Turkey Sausage<br>(Contains Meat)<br>Cow's Milk / Oat Milk   |
| Lunch:   |   | CHILI'S  |   | MEXICAN TOUR   | MOANA'S  |
|  | Mac and Cheese Lasagna with Beef (Contains Straight Dairy, Beef and Meat)  Ranch Dressing (Straight Dairy and Egg)  Cow's Milk / Oat Milk | Chili Cheese Dog Turkey Hot Dog (Contains Meat)  American Cheese (Straight Dairy)  Cow's Milk / Oat Milk | All-American Burger<br>(Contains Beef and Meat)  American Cheese<br>(Straight Dairy)  Cow's Milk / Oat Milk | Ground Turkey Street Tacos (Contains Meat)  Shredded Cheese (Straight Dairy)  Yellow Rice (Contains Meat)  Cow's Milk / Oat Milk | Chicken Nuggets (Contains Meat)  Ranch Dressing (Straight Dairy and Egg)  Hawaiian Rolls (Contains Baked Milk and Egg)  Pineapple (Contains Citrus)  Cow's Milk / Oat Milk |
| Afternoon Snack:                                       |   | BANDIT'S   |   |  | THREE BLIND MICE   |
|  |   | Blueberry Muffintop<br>(Baked Dairy and Egg)<br>Cow's Milk / Oat Milk                                    | Whole Wheat Cheez-Its<br>(Baked Dairy)  | Queso (Straight Dairy)  100% Mango Juice   | Cheddar Cheese<br>Cubes/Cuts<br>(Straight Dairy)   |

# **COLOR LEGEND**

| Meal Pattern                                   | Mr. Darrien Monday   | Toon Tuesday  | Color War Wednesday   | Travel Thursday  | Fairy-Tale Friday  |
|--|--|---|---|--|--|
| Breakfast:                                     |  | DJ CATNIP'S   | BLUE VS RED   |  | SNOW WHITE'S   |
| - Assorted Cold Cereals<br>(O's Contains Oats) | Cinnamon Roll<br>(Baked Dairy)<br>Cow's Milk / Oat Milk  | 100% Kiwi Strawberry Juice (Contains Juice & Kiwi) Cow's Milk / Oat Milk  | Belgian Waffle<br>(Baked Dairy and Egg)<br>Cow's Milk / <mark>Oat Milk</mark>                                 | Fresh Fruit Salad (Contains Citrus & Kiwi)  Granola (Contains Oats)  Cow's Milk / Oat Milk                       | Cow's Milk / Oat Milk                                      |
| Lunch:   | SALVATORES<br>PIZZERIA'S   | GABBY'S DOLLHOUSE   |   | INDIAN TOUR  | MICKEY MOUSE'S   |
|  | Cheese Pizza (Straight Dairy)  Ranch Dressing (Straight Dairy and Egg)  Cow's Milk / Oat Milk                            | Tuna Salad with Celery (Contains Fish, Peas, and Straight Egg)  Blue Cheese (Straight Dairy and Egg)  "Cat Ears" (Contains Citrus)  Cow's Milk / Oat Milk | Beef Bologna Sandwich<br>(Contains Pork and Meat)  American Cheese<br>(Straight Dairy)  Cow's Milk / Oat Milk | Butter Chicken with Simmer Sauce (Straight Dairy and Meat)  Fresh Veggies (Contains Peas)  Cow's Milk / Oat Milk | Turkey Hot Dog<br>(Contains Meat)<br>Cow's Milk / Oat Milk |
| Afternoon Snack:                               | DEMONSTRATION  | CAKEY'S   |   |  | LIGHTNING<br>MCQUEEN'S                                     |
|  | Chopped Up Cheese Whole Wheat Cheez-Its (Baked Dairy) Goldfish Crackers (Baked Dairy)  Fresh Fruit Salsa (Contains Kiwi) | Cakey's Muffins Blueberry Muffins (Baked Dairy and Egg)  Whipped Cream (Straight Dairy)   |   | Cucumber Raita Sour Cream and Yogurt (Contains Straight Dairy)  Naan Dippers (Baked Milk)                        | Yo-nana Split  Strawberry Yogurt (Straight Milk)           |

# **COLOR LEGEND**

| Meal Pattern                                   | Mr. Darrien Monday  | Toon Tuesday   | Color War Wednesday  | Travel Thursday  | Fairy-Tale Friday   |
|--|---|--|--|--|---|
| Breakfast: - Assorted Cold Cereals             |   | SKYE'S & ZUMA'S  | BLUE VS<br>YELLOW  |  | OLAF'S  |
| - Assorted Cold Cereals<br>(O's Contains Oats) | Turkey Sausage<br>(Contains Meat)  Cow's Milk / Oat Milk  | Plain Pancake (Baked Dairy and Egg)  100% Mango Juice  Cow's Milk / Oat Milk                       | Greek Vanilla<br>Yogurt (Straight Dairy)<br>Cow's Milk / Oat Milk  | Buttermilk Biscuit<br>(Baked Dairy)<br>Cow's Milk / Oat Milk   | "In Summer" Strawberry Banana Smoothie (Straight / Cow's Milk)  Cow's Milk / Oat Milk   |
| Lunch:   |   | CHASE'S &<br>MARSHALL'S  | Turkey Spinach Wrap (Contains Meat)  American Cheese (Straight Dairy)  Blue Cheese (Straight Dairy and Egg)  Cow's Milk / Oat Milk | JAPANESE TOUR  | KRISTOFF & SVEN'S   |
|  | Meatloaf Patty (Contains Beef and Meat)  Smashed Potatoes (Straight Dairy)  Cow's Milk / Oat Milk | Chicken Nuggets<br>(Contains Meat)  Ranch Dressing (Straight Dairy and Egg)  Cow's Milk / Oat Milk |  | Japanese Veggie Rice (Contains Meat & Peas)  Yum Yum Sauce (Contains Straight Egg)  Fresh Sugar Snap Peas  Cow's Milk / Oat Milk | Buttered Noodles<br>(Straight Dairy)  Beef/Pork Italian Meatballs (Contains Meat, Beef, Pork, Baked Dairy & Egg)  Cow's Milk / Oat Milk |
| Afternoon Snack:                               |   |  |  |  | ELSA'S SNOWGIES   |
|  |   |  |  | Caramel Rice Cakes<br>(Baked Dairy)  | Mozzarella Cheese<br>(Straight Dairy)   |

### **All Dairy Items**

### (\*\*Optional Dairy Element)

American Cheese\*\*

Beef/Pork Italian Meatballs

Belgian Waffles

Blue Cheese\*\*

Blueberry Muffin

Blueberry Muffintop

Butter Chicken with Simmer Sauce

Buttered Noodles\*\*

**Buttermilk Biscuit** 

Cakey's Muffins

Caramel Rice Cakes\*\*

Cheese\*\*

Cheese Pizza

Cheese Quesadilla

Cheese Ravioli

Cheddar Cheese Cubes / Colby-Jack Cheese Cuts

Chocolate Chip Muffintop

Chopped-up Cheese

Cinnamon Roll

Cucumber Raita

Fresh Italian Salad with Mozzarella\*\*

Greek Vanilla Yogurt

Goldfish Crackers

Grilled Cheese Sandwich on Sourdough

Hawaiian Rolls\*\*

"In Summer" Smoothie (Cow's Milk)

Mac and Cheese Lasagna

Milk (Whole and 1%)

Mozzarella Cheese\*\*

Multi-Colored Trail Mix\*\*

Naan Dippers

Parfait Buffet\*\*

Plain Pancake

Potato Tot Casserole with Elmo's Goldfish Topping

Oueso

Ranch Dressing\*\*

Shredded Cheese\*\*

**Smashed Potatoes** 

Sour Cream\*\*

Strawberry Banana Smoothie (Cow's Milk)

Strawberry Yogurt

Veggie Cream Cheese\*\*

Whipped Cream\*\*

Whole Wheat Cheez-Its

Yo-nana Split

#### All Baked Egg Items

(\*Straight Egg Items / \*\*Optional Element)

Beef Alphabet Soup with Vegetables

Beef/Pork Italian Meatballs

Belgian Waffle

Blue Cheese\*/\*\*

Blueberry Muffin

Blueberry Muffintop

Cheese Ravioli

Chocolate Chip Muffintop

Hawaiian Rolls\*\*

Plain Pancake

Ranch Dressing\*/\*\*

Tuna Salad with Celery\*

Yum Yum Sauce\*/\*\*

#### **All Beef and Pork Items**

(\*\*Optional Element)

All-American Burger

Beef Alphabet Soup with Vegetables

Beef Bologna Sandwich

Beef/Pork Italian Meatballs

Ham Sandwich

Mac and Cheese Lasagna with Beef

Meatloaf Patty

### **All Restricted Items for Vegetarian Diet**

(\*\*Optional Meat items)

All-American Burger

Beef Alphabet Soup with Vegetables

Beef Bologna Sandwich

Beef/Pork Italian Meatballs

Butter Chicken with Simmer Sauce

Chicken Nuggets

Chili Cheese Dog

Ground Turkey Street Tacos

Ham Sandwich

Japanese Veggie Rice with Chicken

Mac and Cheese Lasagna with Beef

Meatloaf Patty

Tuna Noodle Casserole with Goldfish Topping

Turkey Spinach Wrap

Turkey Hot Dog

Turkey Sausage

Yellow Rice\*\* (Contains Chicken)

# **All Citrus Items**

(\*\*Optional Citrus Item)

100% Kiwi Strawberry Juice "Cat Ears" Fresh Fruit Salad Pineapple Rio Fruit Salad

### **All Oat Items**

(\*\*Optional Oat Item)

Parfait Buffet with Granola\*\* Assorted Cold Cereal (Multi-Grain O's) Granola Oat Milk

### **All Pea Items**

Beef Alphabet Soup with Vegetables Fresh Sugar Snap Peas Fresh Veggies (Indian Tour) Japanese Veggie Rice Tuna Salad with Celery

### All Fish/Shellfish Items

Tuna Salad with Celery

# **All Kiwi Items**

100% Kiwi Strawberry Juice Fresh Fruit Salad Fresh Fruit Salsa

### **All Items for Juice Restricted Diets**

100% Kiwi Strawberry Juice 100% Mango Juice

# **All Items for Canned Food Restricted Diets**

(\*\*Optional Canned Food Item)

Beef Alphabet Soup with Vegetables
"Cat Ears"
Pears
Peach Topping
Peaches
Pineapple
Yellow Rice with Black Beans

# **All Items for Corn Restricted Diets**

Beef Alphabet Soup with Vegetables Fresh Veggies (Indian Tour) Japanese Veggie Rice with Chicken Pasta Salad with Italian Dressing Steamed Corn Vegetarian Chili