

New Menu Rotation Week 1 (Begins 7/15/24)

Provider/Program: Expressive Beginnings-Webster **Dietician Approved** - Originals on file in main office

Milk - Age 1-2: **Whole Milk** / Age 2+: **1% Milk** / Allergen Substitute – Oat Milk **(Contains Oats)**

COLOR LEGEND

Red = Dairy / **Yellow** =Eggs / **Green** = Pork / **Purple** = Beef / **Blue** = Various Allergens (Inc. Fish/Shellfish, Citrus, Kiwi, Juice, Peas, or Oats)

Meal Pattern	Mr. Darrien Monday	Toon Tuesday	Color War Wednesday	Travel Thursday	Fairy-Tale Friday
Breakfast: - Assorted Cold Cereals - Fruit or 100% Juice - Grain or Oat Item - Milk / Milk Substitute	Cinnamon Roll Turkey Sausage Milk	SESAME STREET DAY	“ROYGBIV” DAY	Belgian Waffle with Fresh Strawberry Topping Milk	RAPUNZEL’S
		Big Bird, Little Bagel (Mini Bagels with Veggie Cream Cheese or Sun Butter) Milk	Fresh Fruit Salad Granola Milk		Blueberry Muffin 100% Kiwi Strawberry Juice Milk
Lunch: - Protein - Vegetable - Fruit - Grain - Dairy / Dairy Substitute	MAKE-YOUR-OWN PIZZA BAGELS	ELMO’S WORLD	Ham Sandwich on Whole Wheat Bread with American Cheese Pasta Salad with Italian Dressing Rainbow Applesauce with Fresh Fruit Milk	ITALIAN TOUR	PUSS IN BOOTS’
	(Plain Mini Bagels, Red Sauce, Mozzarella Cheese) Fresh Green Beans with Dressing Fresh Fruit Salad Milk	Potato Tot Casserole with Elmo’s Goldfish Topping and Ketchup Beef Alphabet Soup with Vegetables Fresh Strawberries Milk		Cheese Ravioli with Red Sauce Fresh Italian Salad (Tomato, Cucumber and Mozzarella Cheese with Italian Dressing) Pears Milk	Cheese Quesadilla with Salsa / Sour Cream Pickles’ Swords (Pickle Spears) Fresh Mangoes Milk
Afternoon Snack: Two Components: Dairy, Fruit or 100% Juice, Vegetable, Grain or Oat Item, Cheese, Cracker, Protein, Dessert Water (or Milk)	DEMONSTRATION	COOKIE MONSTER’S	Multi-Colored Trail Mix (Marshmallows, Goldfish Crackers or Pretzel Sticks, and Craisins or Bananas) Water	Italian Breadsticks Mozzarella Cheese	THE GINGERBREAD MAN’S
	Parfait Buffet (Greek Vanilla Yogurt or Applesauce with Granola, Craisins or Graham Crackers) Water	Chocolate Chip Muffintop Milk		Mozzarella Cheese Water	Gingerbread Houses (Graham Crackers with Sun Butter) Water

New Menu Rotation Week 2 (Begins 7/22/24)

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Meal Pattern	Mr. Darrien Monday	Toon Tuesday	Color War Wednesday	Travel Thursday	Fairy-Tale Friday
Breakfast: - Assorted Cold Cereals - Fruit or 100% Juice - Grain or Oat Item - Milk / Milk Substitute	Plain Pancake with Maple Syrup Pears Milk	BLUEY DAY	YELLOW VS RED	Rio Fruit Salad Granola Milk	BEAUTY & THE BEAST
		Buttermilk Biscuit with Fresh “Bluey-Berry” Topping Milk	Strawberry Banana Smoothie Hash Browns with Ketchup Milk		French Toast Sticks with Maple Syrup Turkey Sausage Milk
Lunch: - Protein - Vegetable - Fruit - Grain - Dairy / Dairy Substitute	Mac and Cheese Lasagna with Beef and Red Sauce Fresh Steamed or Raw Broccoli with Ranch Dressing Fresh Strawberries Milk	CHILI’S	All-American Burger on Whole Wheat Bun with American Cheese and Ketchup / Mustard	MEXICAN TOUR	MOANA’S
		Chili Cheese Dog Turkey Hot Dog on Whole Wheat Bun with American Cheese and Ketchup/Mustard Vegetarian Chili Peaches Milk	Steamed or Raw Baby Carrots Rainbow Applesauce with Fresh Fruit Milk	Ground Turkey Street Tacos with Shredded Cheese Yellow Rice with Black Beans Banana Milk	Chicken Nuggets with BBQ / Ranch Dressing Hawaiian Rolls Steamed Corn Pineapple Milk
Afternoon Snack: Two Components: Dairy, Fruit or 100% Juice, Vegetable, Grain or Oat Item, Cheese, Cracker, Protein, Dessert Water (or Milk)	DEMONSTRATION	BANDIT’S	Whole Wheat Cheez-Its or Graham Crackers Banana Water	Pretzel Bites with Queso 100% Mango Juice	THREE BLIND MICE
	Ant’s-on-a Leaf (Green Apples with Sun Butter and Craisins) Water	Blueberry Muffintop Milk			Cheddar Cheese Cubes/Cuts Ritz Crackers Water

New Menu Rotation Week 3 (Begins 7/29/24)

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Meal Pattern	Mr. Darrien Monday	Toon Tuesday	Color War Wednesday	Travel Thursday	Fairy-Tale Friday
Breakfast: - Assorted Cold Cereals - Fruit or 100% Juice - Grain or Oat Item - Milk / Milk Substitute	Cinnamon Roll Peaches Milk	DJ CATNIP'S	BLUE VS RED	Fresh Fruit Salad Granola Milk	SNOW WHITE'S
		DJ Turntables (Mini Bagels with Grape Jam or Sun Butter) 100% Kiwi Strawberry Juice Milk	Belgian Waffle with Fresh Mixed Berry Topping Milk		Apple Turnover Fresh Apple Slices Milk
Lunch: - Protein - Vegetable - Fruit - Grain - Dairy / Dairy Substitute	SALVATORE'S PIZZERIA'S	GABBY'S DOLLHOUSE DAY	Beef Bologna Sandwich on Whole Wheat Bread with American Cheese Tater Tots with Ketchup Fresh Blueberries Milk	INDIAN TOUR Butter Chicken with Simmer Sauce Fresh Veggies Basmati Rice Fresh Mangoes Milk	MICKEY MOUSE'S
	Cheese Pizza with Ranch Dressing Pasta Salad with Italian Dressing Fresh Watermelon Milk	Tuna Salad with Celery on Whole Wheat Sliders Steamed or Raw Baby Carrots with Blue Cheese "Cat Ears" (Pineapple) Milk			Turkey Hot Dog on Whole Wheat Bun with Ketchup/Mustard Fresh Green Beans with Dressing Raspberries & Blackberries Milk
Afternoon Snack: Two Components: Dairy, Fruit or 100% Juice, Vegetable, Grain or Oat Item, Cheese, Cracker, Protein, Dessert Water (or Milk)	DEMONSTRATION	CAKEY'S	Fresh Purple Grapes Pretzel Sticks or Graham Crackers Water	Cucumber Raita (Sour Cream, Yogurt and Fresh Cucumber) Naan Dippers or Ritz Crackers Water	LIGHTNING MCQUEEN'S
	Chopped Up Cheese Whole Wheat Cheez-Its and Goldfish Crackers or Graham Crackers Fresh Fruit Salsa Water	Cakey's Muffins (Blueberry Muffins with Whipped Cream) Banana Water			Yo-nana Split (Banana, Strawberry Yogurt, and Fresh Cherries) Water

New Menu Rotation Week 4 (Begins 8/5/24)

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Meal Pattern	Mr. Darrien Monday	Toon Tuesday	Color War Wednesday	Travel Thursday	Fairy-Tale Friday
Breakfast: - Assorted Cold Cereals - Fruit or 100% Juice - Grain or Oat Item - Milk / Milk Substitute	Hash Browns with Ketchup Turkey Sausage Milk	SKYE’S & ZUMA’S	BLUE VS YELLOW	Buttermilk Biscuit with Peach Topping Milk	OLAF’S
		Plain Pancake with Maple Syrup 100% Mango Juice Milk	Greek Vanilla Yogurt with Fresh Blueberries Milk		French Toast Sticks with Maple Syrup “In Summer” Smoothie (Strawberry Banana Smoothie) Milk
Lunch: - Protein - Vegetable - Fruit - Grain - Dairy / Dairy Substitute	Meatloaf Patty with Red Sauce and Dinner Roll Smashed Potatoes Fresh Strawberries Milk	CHASE’S & MARSHALL’S	Turkey Spinach Wraps with American Cheese and Blue Cheese Pickle Spears Fresh Green Grapes Milk	JAPANESE TOUR	KRISTOFF & SVEN’S
		Chicken Nuggets with Ranch Dressing / Ketchup Steamed Corn Peaches Milk		Japanese Veggie Rice with Chicken Yum Yum Sauce Fresh Sugar Snap Peas Pears Milk	Buttered or Plain Noodles with Beef/Pork Italian Meatballs Fresh Steamed or Raw Broccoli Fresh Apple Slices Milk
Afternoon Snack: Two Components: Dairy, Fruit or 100% Juice, Vegetable, Grain or Oat Item, Cheese, Cracker, Protein, Dessert Water (or Milk)	DEMONSTRATION	PAW PATROL DAY	Fresh Green Apple Slices or Banana Sun Butter Water	Caramel or Plain Rice Cakes Applesauce Water	ELSA’S SNOWGIES
	Marshmallow Roasters (Pretzel Sticks or Ritz Crackers with Sun Butter and Marshmallows) Water	Cinnamon Bones / Graham Crackers Applesauce Water			Mozzarella Cheese Craisins Water