

Expressive Beginnings Summer Camp 2026 - Specialty Camp Descriptions

Week One: June 29th-July 3rd

Track and Field Camp - Campers can try hurdles, sprints, long jumps, and use variations of shot put and discus throws. Campers will learn techniques to improve their movement, speed, balance, and technique that are event-specific.

Whisk Takers Camp— kids will have a blast baking everything from cookies to cakes while learning new skills in the kitchen. Each day brings fun challenges, creative decorating, and plenty of hands-on baking adventures. Whether you're a beginner or a seasoned baker, it's all about having fun, getting messy, and enjoying sweet treats with friends!

Spy Kids Camp-Top secret briefings and activities will put the campers' spy skills and street smarts to the test. They will try making and breaking codes, discover escape and evasion techniques, and create spy gadgets.

Passport to Play Camp – This camp takes kids on an exciting journey around the world, exploring fun and unique games from different countries! Each day, campers will "travel" to a new destination, learning the rules and traditions behind games like *soccer* from Brazil, *kabaddi* from India, and *tag* variations from Africa. With hands-on play, teamwork challenges, and friendly competition, Passport to Play Camp is all about discovering new cultures and having a blast with global games!

Week Two: July 6th- July 10th

Ultimate Frisbee & Lawn Games Camp – Campers will learn and play a variety of lawn games, including ultimate frisbee, lawn twister, bocce ball, and cornhole.

Disney Studios Camp – This week campers will explore the world of Walt Disney Studios. They will participate in activities themed to different Disney movies and franchises such as Encanto, Mickey Mouse, Star Wars, and Marvel.

Party & Board Games Camp – Join this camp to learn a variety of popular party games! Campers will also have the opportunity to play a variety of their favorite board games, learn the rules of chess, and have tournaments.

Dance Camp- Put your dance skills to the test in this week's dance camp. Campers will learn different dance moves, choreography, and put on a dance performance for their peers.

Week Three: July 13th- July 17th

Video Games Camp – Campers will engage in activities based on some of their favorite video games, as well as create and design their own games and characters.

Recreational Games Camp – Play all the traditional camp games here, such as MAT ball, kickball, capture the flag, knockout, and more!

Wilderness Adventures Camp – Campers who like to hike, climb, and explore the outdoors will love this week as we discover nature. Geocaching, tree identification, survival skill training, and nature art projects will be part of this week's activities.

Carnival Club- Win, win, win! This week campers will research various carnival games and get to test their luck playing our versions of the games.

Week Four: July 20th- 24th

Lego Camp – Come create with Legos in this camp that will offer a variety of Lego challenges and experiences. Participate in Lego building competitions, design our own creations, and much more!

Home Run Hitters Camp - Campers will hit, kick, and run their way through a fun-filled summer of wiffle ball and kickball! Whether it's perfecting their swing, kicking a game-winning run, or mastering the art of pitching, this camp is all about teamwork, friendly competition, and building skills in both classic games. With wiffle ball tournaments, kickball challenges, home run derbies, and lots of action-packed fun, it's the perfect camp for kids who love to play and compete!

Foods Around the World Camp- Campers will celebrate, share traditions, and learn about different holidays celebrated throughout the year. They will get a chance to dress up, decorate the classroom, and try delicious holiday foods.

Clay and Wire- This week campers will find their artistic style in clay and wire. They will build and sculpt creations of their own.

Week Five: July 27th-July 31st

Science Experiments Camp – Scientists will make projects and concoctions, perform science experiments, and engage in science-based imaginative activities.

Space Academy - children will embark on an exciting intergalactic adventure, learning about the wonders of the universe through hands-on astronomy projects. Campers will explore the galaxy through fun Star Wars-themed activities, building their own spaceships and engaging in thrilling lightsaber training. They'll also study constellations, planets, and space exploration, igniting their curiosity about the cosmos while imagining their own place in the stars.

Basketball Camp - Campers will learn game rules, practice drills, and of course play games! *Please indicate if your child is at a beginner, intermediate, or advanced skill level.*

Drama Camp- Young performers will dive into the world of theater, learning the art of acting, singing, improvisation, and stagecraft through exciting and interactive workshops. Campers will work together to create their own performances, from crafting characters to mastering dramatic techniques and belting out show-stopping songs. With a focus on creativity and teamwork, they'll build confidence while bringing stories to life on stage with both their voices and acting skills.

Week Six: August 3rd- August 7th

Wizards & Wonders Camp- Campers will step into a world filled with magic, mythical creatures, and epic adventures! Each day, they'll explore enchanted realms, learning spells, brewing potions, and discovering the secrets of ancient myths and legends. Whether they're mastering the art of wizardry, embarking on quests to find hidden treasures, or meeting fantastical creatures, Wizards & Wonders Camp is a place where imagination comes to life and every moment is filled with wonder!

Soccer Camp- We will practice dribbling, passing, shooting, and ball control. We will also focus on teamwork and sportsmanship throughout the week. *Please indicate if your child is at a beginner, intermediate, or advanced skill level.*

Creative Canvas Camp- Young artists will unleash their imagination and bring their wildest ideas to life through drawing and painting! Campers will experiment with different mediums—watercolors, acrylics, pencils, and more—while learning new techniques and styles. Whether it's creating their own masterpieces or collaborating on group projects, every day is a new opportunity to express creativity, explore the world of art, and have fun with friends!

Breakfast Foods Camp- This week our young chefs will be open to trying new and different breakfast foods that they cook together.

Week Seven: August 10th- August 14th

Football Camp- If you are a football fan this camp is for you. Campers will participate in drills, practices, and games throughout the week, and end the week with a big all camp game. *Please indicate if your child is at a beginner, intermediate, or advanced skill level.*

Picnic & Party Food Camp – Our foodies will explore the art of menu planning for events this week and will get the chance to create some popular party and picnic foods, including dips, dogs, and salads.

Story Seekers Camp- kids will become young journalists by documenting all the fun and excitement happening at camp. They'll capture moments through photography, write articles, and create their very own camp magazine. It's the perfect camp for kids who love storytelling, reporting, and getting creative with their words and pictures!

Cheer Camp- Practice and show off your cheer moves in this week's cheer camp. Campers will practice choreography, discuss cheer safety, and learn a whole camp cheer routine. *Please indicate if your child is at a beginner, intermediate, or advanced skill level.*

Week Eight: August 17th- August 21st

Game Show Camp- Come see if you have what it takes to win big playing our versions of classic television game shows. We will play kid friendly versions of games such as Jeopardy, Wheel of Fortune, Minute To Win It, and many more!

Restaurant Camp – Campers will take a closer look at the ins and outs of restaurants. Some of their challenges will include creating a menu, designing a restaurant, cooking a variety of food, and serving their counselors!

Messy Camp – This week campers will be getting messy....so make sure to wear your old clothes. We will make all the traditional messy projects such as Goop, Gak, and Slime! We will also introduce exciting new activities during our annual camp Messtival.

Sports History- Ever wondered how your favorite sport came to be? This week campers will not only play fan favorite sports such as basketball, football, and lacrosse but learn about their history.

Week Nine: August 24th- August 28th

Hockey Camp – Campers will learn game rules, practice drills, and of course play games! *Please indicate if your child is at a beginner, intermediate, or advanced skill level.*

Snack Attack Camp- kids become chefs in their own kitchen, creating delicious and creative snacks from scratch! From making DIY trail mix to customizing their own fruit popsicles and building fun, healthy snack stations, campers will explore the art of snack-making with hands-on activities. It's all about getting creative with flavors, experimenting with ingredients, and, of course, enjoying the tasty results with friends!

Stars of Arts & Music Camp – The campers will spend this week exploring and discovering the lives and works of some of the world's most famous artists. They will create works inspired by the styles of Vincent Van Gogh, Frida Kahlo, Andy Warhol, and so many more. We will also explore some of the work of many famous and local musicians!

STEM Explorers Camp- kids will dive into the exciting worlds of science, technology, engineering, and math through hands-on experiments, creative projects, and cool challenges! Whether they're building robots, launching rockets, solving puzzles, or experimenting with chemistry, every day will spark curiosity and inspire innovation. With a mix of group activities, individual challenges, and real-world problem-solving, STEM Explorers Camp is the perfect place for future inventors, engineers, and tech enthusiasts to explore their passions and unleash their creativity!